

**Sub-23 Masculinos**

| Marca       | Atleta                         | Nac | D.N.                     | Escalão             | Clube                 | Obs | Local                        | Data                       |
|-------------|--------------------------------|-----|--------------------------|---------------------|-----------------------|-----|------------------------------|----------------------------|
| <b>60 m</b> |                                |     |                          |                     |                       |     |                              |                            |
| 6,95        | Ricardo Ribeiro                |     | 21/02/95                 | s23                 | AJS                   |     | Pombal                       | 20-02-2016                 |
| 6,98        | Tiago Ganço                    |     | 07/04/77                 | s23                 | GDE                   |     | Braga                        | 01-02-1997                 |
| 7,00        | Dany Gonçalves                 |     | 14/03/85                 | s23                 | CSM                   |     | Pombal                       | 03-02-2007                 |
| 7,00        | <a href="#">David Martinho</a> |     | <a href="#">16/03/01</a> | <a href="#">Jun</a> | <a href="#">AJS</a>   |     | <a href="#">Braga</a>        | <a href="#">23-01-2019</a> |
| 7,09        | Manuel Araújo                  |     | 08/01/77                 | s23                 | GDE                   |     | Braga                        | 01-02-1997                 |
| 7,10        | Alberto Fraga                  |     | 29/02/80                 | s23                 | CSM                   |     | Espinho                      | 10-02-2001                 |
| 7,10        | Filipe Santos                  |     | 25/06/84                 | s23                 | CSM                   |     | Espinho                      | 28-01-2006                 |
| 7,13        | Wilson Ogbeide                 | NIG | 26/04/77                 | s23                 | GDE                   |     | Espinho                      | 30-01-1999                 |
| 7,13        | Tito Fernandes                 |     | 02/06/99                 | Jun                 | ADRAP                 |     | Braga                        | 28-01-2017                 |
| 7,17        | Diogo Espinha                  |     | 08/10/87                 | s23                 | CSM                   |     | Pombal                       | 23-02-2007                 |
| 7,17        | <a href="#">Miguel Tapadas</a> |     | <a href="#">23/04/98</a> | <a href="#">s23</a> | <a href="#">ADRAP</a> |     | <a href="#">Lisboa - CAR</a> | <a href="#">14-12-2019</a> |

|              |                  |     |          |     |     |  |         |            |
|--------------|------------------|-----|----------|-----|-----|--|---------|------------|
| <b>200 m</b> |                  |     |          |     |     |  |         |            |
| 21,89        | Ricardo Ribeiro  |     | 21/02/95 | s23 | AJS |  | Pombal  | 06-03-2016 |
| 22,23        | Dany Gonçalves   |     | 14/03/85 | s23 | CSM |  | Espinho | 18-02-2007 |
| 22,25        | Wilson Ogbeide   | NIG | 26/04/77 | s23 | GDE |  | Espinho | 31-01-1999 |
| 22,31        | Filipe Santos    |     | 25/06/84 | s23 | CSM |  | Espinho | 06-03-2005 |
| 22,49        | Bernardo Pereira |     | 26/01/97 | s23 | AJS |  | Pombal  | 18-02-2018 |
| 22,61        | Tiago Ganço      |     | 07/04/77 | s23 | CSM |  | Braga   | 16-02-1997 |
| 22,69        | Roberto Aguiar   |     | 08/08/84 | Jun | GDE |  | Espinho | 16-02-2003 |
| 22,77        | Nuno Mendes      |     | 27/07/81 | s23 | CSM |  | Espinho | 13-01-2001 |
| 22,81        | Hermano Gouveia  |     | 21/03/81 | s23 | CSM |  | Espinho | 27-01-2002 |
| 22,82        | Bruno Santos     |     | 02/04/85 | s23 | CSM |  | Espinho | 06-03-2005 |

|              |                  |  |          |     |     |  |         |            |
|--------------|------------------|--|----------|-----|-----|--|---------|------------|
| <b>400 m</b> |                  |  |          |     |     |  |         |            |
| 48,83        | Sérgio Duro      |  | 19/02/80 | s23 | GDE |  | Espinho | 12-01-2002 |
| 48,91        | Bernardo Pereira |  | 26/01/97 | s23 | AJS |  | Pombal  | 17-02-2018 |
| 49,38        | Ricardo Ribeiro  |  | 21/02/95 | s23 | AJS |  | Pombal  | 05-03-2016 |
| 49,46        | Nuno Mendes      |  | 27/07/81 | s23 | CSM |  | Espinho | 10-02-2001 |
| 49,97        | Bruno Santos     |  | 02/04/85 | s23 | CSM |  | Espinho | 04-02-2006 |
| 50,07        | Roberto Aguiar   |  | 08/08/84 | Jun | GDE |  | Espinho | 15-02-2003 |
| 50,09        | Diogo Sousa      |  | 28/11/83 | s23 | GDE |  | Espinho | 22-01-2005 |
| 50,24        | Eurico Teixeira  |  | 01/06/80 | s23 | GDE |  | Espinho | 26-02-2000 |
| 50,42        | Hermano Gouveia  |  | 21/03/81 | s23 | CSM |  | Espinho | 22-02-2003 |
| 50,45        | João Santos      |  | 11/03/83 | Jun | GDE |  | Espinho | 23-02-2002 |

**Sub-23 Masculinos**

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|----------------|------------------------|-----|-----------------|------------|------------|-----|---------------|-------------------|
| <b>800 m</b>   |                        |     |                 |            |            |     |               |                   |
| 1 49,51        | Diogo Sousa            |     | 28/11/83        | s23        | GDE        |     | Espinho       | 26-02-2005        |
| 1 51,84        | Nuno Pereira           |     | 27/11/00        | Jun        | GDE        |     | Pombal        | 18-02-2018        |
| 1 54,92        | Rúben Alves            |     | 01/02/83        | s23        | CSM        |     | Espinho       | 01-02-2004        |
| 1 55,67        | Marco Rebelo           |     | 18/03/73        | s23        | CSM        |     | Braga         | 18-02-1995        |
| 1 56,12        | Rui Paulo Silva        |     | 22/07/84        | s23        | GDE        |     | Espinho       | 26-02-2006        |
| 1 57,80        | Emiliano Ventura       |     | 05/03/79        | s23        | GDE        |     | Braga         | 16-01-1999        |
| 1 58,98        | Rúben Alves            |     | 01/02/83        | Jun        | CSM        |     | Espinho       | 24-02-2002        |
| 1 59,66        | Hermano Gouveia        |     | 21/03/81        | Jun        | CSM        |     | Espinho       | 06-02-2000        |
| 2 00,49        | Pedro Oliveira         |     | 28/04/94        | s23        | GDE        |     | Pombal        | 06-03-2016        |
| 2 00,60        | Paulo Lima             |     | 01/05/93        | Jun        | ADRAP      |     | Pombal        | 23-01-2011        |
| <b>1.500 m</b> |                        |     |                 |            |            |     |               |                   |
| 3 49,18        | Nuno Pereira           |     | 27/11/00        | Jun        | GDE        |     | Pombal        | 17-02-2018        |
| 3 51,85        | Diogo Sousa            |     | 28/11/83        | s23        | GDE        |     | Espinho       | 08-03-2005        |
| 3 53,33        | Eduardo M'bengani      | CNG | 08/01/85        | s23        | CSM        |     | Espinho       | 28-01-2006        |
| 3 54,72        | Alberto Paulo          |     | 03/10/85        | s23        | CSM        |     | Espinho       | 28-01-2006        |
| 3 56,40        | Luís Mendes            |     | 10/06/90        | s23        | GDE        |     | Pombal        | 13-02-2010        |
| 3 56,61        | Nuno Paulo             |     | 24/07/93        | s23        | ACDSJ      |     | Pombal        | 02-02-2013        |
| 3 56,87        | Rui Paulo Silva        |     | 22/07/84        | s23        | GDE        |     | Espinho       | 18-02-2006        |
| 3 58,60        | Marco Rebelo           |     | 18/03/73        | s23        | CSM        |     | Braga         | 04-02-1995        |
| 4 00,51        | Rui Paulo Silva        |     | 22/07/84        | Jun        | CSM        |     | Espinho       | 18-01-2003        |
| 4 01,73        | Manuel Fernandes       |     | 16/03/92        | s23        | CSM        |     | Espinho       | 04-02-2012        |
| <b>3.000 m</b> |                        |     |                 |            |            |     |               |                   |
| 8 12,74        | Eduardo M'bengani      | CNG | 08/01/85        | s23        | CSM        |     | Pombal        | 11-02-2007        |
| 8 13,80        | Alberto Paulo          |     | 03/10/85        | s23        | CSM        |     | Espinho       | 18-02-2007        |
| 8 30,45        | Nuno Paulo             |     | 24/07/93        | s23        | ACDSJ      |     | Pombal        | 03-02-2013        |
| 8 31,88        | Luís Mendes            |     | 10/06/90        | s23        | GDE        |     | Pombal        | 14-02-2010        |
| 8 37,48        | Rui Paulo Silva        |     | 22/07/84        | s23        | GDE        |     | Espinho       | 29-01-2006        |
| 8 38,76        | Manuel Fernandes       |     | 16/03/92        | Jun        | CSM        |     | Pombal        | 23-01-2011        |
| 9 02,03        | Fábio Fernandes        |     | 16/08/95        | Jun        | GDE        |     | Pombal        | 25-01-2014        |
| 9 06,20        | Francisco Luís         |     | 29/04/98        | Jun        | LCM-M      |     | Braga         | 29-01-2017        |
| 9 12,99        | <b>Eduardo Pestana</b> |     | <b>06/08/02</b> | <b>Juv</b> | <b>AJS</b> |     | <b>Pombal</b> | <b>03-02-2019</b> |
| 9 14,86        | Leandro José Abreu     |     | 07/10/98        | Jun        | AJS        |     | Braga         | 29-01-2017        |

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**60 m barreiras**

| 5b / 1,067m - 13,72 + 9,14m |                       |  |          |     |       |  |              |            |
|-----------------------------|-----------------------|--|----------|-----|-------|--|--------------|------------|
| 8,17                        | Paulo Neto            |  | 11/03/97 | s23 | AJS   |  | Pombal       | 04-03-2018 |
| 8,64                        | Roberto Gonçalves     |  | 24/02/89 | s23 | GDE   |  | Pombal       | 08-02-2009 |
| 8,67                        | Carlos Prino          |  | 13/06/97 | s23 | ADRAP |  | Lisboa - CAR | 20-01-2018 |
| 8,80                        | Alberto Fraga         |  | 29/02/80 | s23 | CSM   |  | Espinho      | 25-02-2001 |
| 8,84                        | Paulo J. Gonçalves    |  | 05/03/85 | s23 | GDE   |  | Espinho      | 27-01-2007 |
| 8,86                        | Francisco Gonçalves   |  | 14/05/81 | s23 | CSM   |  | Espinho      | 23-02-2003 |
| 8,90                        | Vitor Dinarte Freitas |  | 22/08/74 | s23 | CSM   |  | Braga        | 19-02-1995 |
| 8,91                        | José Durão            |  | 09/01/69 | s23 | CSM   |  | Braga        | 18-02-1990 |
| 8,97                        | Filipe Mendonça       |  | 20/03/85 | Jun | CSM   |  | Espinho      | 07-03-2004 |
| 8,99                        | João Ciríaco          |  | 05/05/76 | s23 | GDE   |  | Espinho      | 17-01-1998 |

**Salto em ALTURA**

|             |                      |  |                 |            |              |  |               |                   |
|-------------|----------------------|--|-----------------|------------|--------------|--|---------------|-------------------|
| 2,13        | Paulo J. Gonçalves   |  | 05/03/85        | s23        | GDE          |  | Espinho       | 14-02-2007        |
| 2,07        | Frederico Spínola    |  | 03/03/78        | s23        | GDE          |  | Espinho       | 08-01-2000        |
| 2,07        | Paulo Neto           |  | 11/03/97        | s23        | AJS          |  | Pombal        | 17-02-2018        |
| 2,03        | João P. Almeida      |  | 14/07/88        | s23        | CSM          |  | Espinho       | 09-02-2008        |
| 1,95        | José Durão           |  | 09/01/69        | s23        | CSM          |  | Aveiro        | 27-01-1990        |
| 1,95        | Rui Sousa            |  | 01/01/77        | s23        | CSM          |  | Braga         | 01-02-1997        |
| 1,95        | Jorge Abreu          |  | 29/10/93        | Jun        | AJS          |  | Pombal        | 23-01-2011        |
| 1,95        | João Pedro Buaró     |  | 14/06/01        | Juv        | GDE          |  | Pombal        | 14-01-2018        |
| 1,92        | Diogo Espinha        |  | 08/10/87        | s23        | GDE          |  | Pombal        | 23-02-2007        |
| <b>1,90</b> | <b>Tiago Martins</b> |  | <b>05/03/97</b> | <b>s23</b> | <b>ADRAP</b> |  | <b>Pombal</b> | <b>19-01-2019</b> |

**Salto com VARA**

|             |                    |  |                 |            |            |  |               |                   |
|-------------|--------------------|--|-----------------|------------|------------|--|---------------|-------------------|
| <b>4,90</b> | <b>Pedro Buaró</b> |  | <b>14/06/01</b> | <b>Jun</b> | <b>GDE</b> |  | <b>Pombal</b> | <b>28-12-2019</b> |
| 4,78        | Décio Faria        |  | 23/07/91        | s23        | AJS        |  | Espinho       | 18-02-2012        |
| 4,36        | Diogo Branco       |  | 10/03/85        | s23        | CSM        |  | Espinho       | 29-01-2006        |
| 4,30        | Alberto Fraga      |  | 29/02/80        | s23        | CSM        |  | Espinho       | 25-02-2001        |
| 4,25        | Paulo Jardim       |  | 15/01/77        | s23        | GDE        |  | Espinho       | 17-01-1998        |
| 4,18        | Renato Araújo      |  | 08/09/93        | Jun        | CSM        |  | Espinho       | 18-02-2012        |
| 4,02        | António Castro     |  | 18/12/94        | Jun        | GDE        |  | Pombal        | 21-01-2012        |
| 3,80        | Moisés Freitas     |  | 12/08/91        | Jun        | GDE        |  | Espinho       | 30-01-2010        |
| 3,65        | Paulo Santos       |  | 16/02/87        | s23        | CSM        |  | Espinho       | 10-02-2008        |
| 3,60        | Paulo Neto         |  | 11/03/97        | Jun        | AJS        |  | Pombal        | 15-02-2015        |

**Sub-23 Masculinos**

| Marca | Atleta | Nac | D.N. | Escalão | Clube | Obs | Local | Data |
|-------|--------|-----|------|---------|-------|-----|-------|------|
|-------|--------|-----|------|---------|-------|-----|-------|------|

**Salto em COMPRIMENTO**

|      |                     |     |          |     |       |  |              |            |
|------|---------------------|-----|----------|-----|-------|--|--------------|------------|
| 7,25 | Diogo Espinha       |     | 08/10/87 | s23 | CSM   |  | Espinho      | 18-02-2007 |
| 7,03 | Bruno Costa         |     | 03/05/92 | Jun | CSM   |  | Pombal       | 19-02-2011 |
| 7,02 | Alberto Fraga       |     | 29/02/80 | Jun | GDE   |  | Espinho      | 07-02-1999 |
| 6,93 | João Frias          |     | 09/01/91 | Jun | ADRAP |  | Espinho      | 25-01-2009 |
| 6,91 | Paulo Jardim        |     | 15/01/77 | s23 | GDE   |  | Espinho      | 01-02-1998 |
| 6,85 | Luís Bernardo       |     | 15/02/86 | Jun | CIA   |  | Espinho      | 05-03-2005 |
| 6,78 | Roberto Aguiar      |     | 08/08/84 | Jun | GDE   |  | Espinho      | 01-02-2003 |
| 6,75 | Francisco Gonçalves |     | 14/05/81 | s23 | CSM   |  | Braga        | 18-01-2003 |
| 6,72 | Éder Pires          | CPV | 01/11/90 | s23 | CSM   |  | Pombal       | 29-01-2011 |
| 6,69 | Carlos Prino        |     | 13/06/97 | s23 | ADRAP |  | Lisboa - CAR | 20-01-2018 |

**TRIPLO Salto**

|       |                       |     |          |     |     |  |         |            |
|-------|-----------------------|-----|----------|-----|-----|--|---------|------------|
| 14,70 | Diogo Espinha         |     | 08/10/87 | s23 | CSM |  | Espinho | 03-02-2007 |
| 14,50 | Bruno Costa           |     | 03/05/92 | Jun | CSM |  | Pombal  | 06-02-2011 |
| 14,43 | Renato Araújo         |     | 08/09/93 | Jun | CSM |  | Pombal  | 22-01-2012 |
| 14,23 | Pedro Freitas         |     | 10/05/89 | Jun | CSM |  | Espinho | 17-02-2007 |
| 14,22 | Alberto Fraga         |     | 29/02/80 | s23 | CSM |  | Espinho | 11-02-2001 |
| 14,13 | Éder Pires            | CPV | 01/11/90 | s23 | CSM |  | Pombal  | 27-02-2011 |
| 13,97 | Vitor Viveiros        |     | 18/03/84 | Jun | CSM |  | Espinho | 27-01-2002 |
| 13,73 | Décio Faria           |     | 23/07/91 | Jun | AJS |  | Pombal  | 23-01-2010 |
| 13,50 | Vitor Dinarte Freitas |     | 22/08/74 | s23 | CSM |  | Braga   | 04-02-1995 |
| 13,50 | Paulo Jardim          |     | 15/01/77 | s23 | GDE |  | Braga   | 16-01-1999 |

**Lançamento do PESO**

**7,26 kg**

|       |                     |  |          |     |       |  |          |            |
|-------|---------------------|--|----------|-----|-------|--|----------|------------|
| 15,21 | Marçal Rodrigues    |  | 10/07/90 | s23 | CSM   |  | Espinho  | 07-02-2010 |
| 15,16 | André Gonçalves     |  | 14/04/86 | s23 | CSM   |  | Espinho  | 18-02-2007 |
| 14,85 | Paulo Gonçalves     |  | 27/09/88 | s23 | CSM   |  | Pombal   | 08-02-2009 |
| 13,18 | Mário Cardoso       |  | 01/01/75 | s23 | CSM   |  | Braga    | 18-02-1996 |
| 13,07 | Décio Andrade       |  | 25/01/97 | s23 | GDE   |  | Pombal   | 18-02-2018 |
| 12,28 | Alberto Fraga       |  | 29/02/80 | s23 | CSM   |  | Espinho  | 09-02-2002 |
| 12,00 | João Nicolau Barros |  | 15/12/71 | s23 | CSM   |  | Braga    | 07-03-1993 |
| 11,41 | Carlos Prino        |  | 13/06/97 | s23 | ADRAP |  | Pombal   | 14-12-2019 |
| 11,36 | Paulo Jardim        |  | 15/01/77 | s23 | GDE   |  | Alpiarça | 10-01-1998 |
| 11,16 | Daniel Soares       |  | 25/03/90 | s23 | AJS   |  | Espinho  | 07-02-2010 |

**Sub-23 Masculinos**

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|-------|--------|-----|------|---------|-------|-----|-------|------|
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**5.000 m MARCHA**

|          |                     |          |     |       |  |  |         |            |
|----------|---------------------|----------|-----|-------|--|--|---------|------------|
| 21 56,05 | José Eduardo Garcia | 11/05/76 | s23 | CSM   |  |  | Braga   | 15-02-1997 |
| 22 11,81 | Xavier Sousa        | 20/10/96 | s23 | AJS   |  |  | Pombal  | 05-03-2016 |
| 23 13,18 | Daniel Neves        | 20/10/82 | s23 | GDE   |  |  | Espinho | 14-02-2004 |
| 23 36,24 | Diogo E. Fernandes  | 01/04/01 | Jun | AJS   |  |  | Pombal  | 19-01-2019 |
| 24 32,55 | Artur Vasconcelos   | 09/09/89 | s23 | GDE   |  |  | Pombal  | 31-01-2009 |
| 25 55,87 | Diogo Oliveira      | 18/11/85 | s23 | CSM   |  |  | Espinho | 03-02-2007 |
| 26 05,31 | Victor Silva        | 28/05/90 | s23 | ADRAP |  |  | Espinho | 30-01-2010 |

**HEPTATLO**

60m + Comprimento + Peso + Altura / 60m barr. + Vara + 1000m

|         |  |          |     |     |  |  |         |            |
|---------|--|----------|-----|-----|--|--|---------|------------|
| 4 878 p | Alberto Fraga                                      | 29/02/80 | s23 | GDE |  |  | Espinho | 20-02-2000 |
|         | 7,05 . 6,68 . 11,92 . 1,84 / 8,98 . 4,20 . 3.00,03 |          |     |     |  |  |         |            |
| 4 869 p | Paulo Neto   | 11/03/97 | Jun | AJS |  |  | Pombal  | 15-02-2015 |
|         | 7,35 . 6,55 . 10,08 . 1,99 / 8,49 . 3,60 . 2.52,17 |          |     |     |  |  |         |            |
| 4 559 p | Diogo Branco                                       | 10/03/85 | Jun | CSM |  |  | Espinho | 15-02-2004 |
|         | 7,44 . 8,33 . 11,00 . 1,75 / 9,18 . 4,10 . 2.57,85 |          |     |     |  |  |         |            |
| 4 006 p | João Gonçalves                                     | 24/05/91 | Jun | AJS |  |  | Pombal  | 01-03-2009 |
|         | 7,52 . 5,87 . 8,52 . 1,80 / 9,67 . 3,30 . 2.58,32  |          |     |     |  |  |         |            |
| 3 415 p | Pedro Pereira                                      | 09/02/84 | Jun | GDE |  |  | Espinho | 23-02-2003 |
|         | 7,49 . 6,26 . 9,33 . 1,75 / 9,36 . 3,00 . 0        |          |     |     |  |  |         |            |
| 3 373 p | Décio Faria  | 23/07/91 | Jun | AJS |  |  | Espinho | 28-02-2010 |
|         | 7,82 . 6,13 . 9,35 . 0 / 9,76 . 3,80 . 3.12,31     |          |     |     |  |  |         |            |

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**4 x 200 m**

|         |  |  |  |     |  |  |         |            |
|---------|--|--|--|-----|--|--|---------|------------|
| 1 32,55 | Marítimo   |  |  | s23 |  |  | Espinho | 10-02-2001 |
|         | Hermano Gouveia 81 + Nuno Mendes 81 + Bruno Aguiar 81 + Alberto Fraga 80     |  |  |     |  |  |         |            |
| 1 34,58 | Estreito   |  |  | Jun |  |  | Pombal  | 24-01-2010 |
|         | Sérgio Mendes 93 + António Jesus 92 + Paulo Ornelas 93 + Fernando Almeida 92 |  |  |     |  |  |         |            |
| 1 38,10 | Jardim da Serra  |  |  | Jun |  |  | Pombal  | 24-01-2010 |
|         | João Gonçalves 91 + Dinarte Gomes 91 + Roberto Faria 91 + Davide Teixeira 92 |  |  |     |  |  |         |            |
| 1 38,26 | ADRAP  |  |  | Jun |  |  | Pombal  | 12-01-2008 |
|         | João Frias 91 + Roberto Nóbrega 92 + Germano Oliveira 89 + Helder Santos 90  |  |  |     |  |  |         |            |

**4 x 400 m**

|         |  |  |  |     |  |  |         |            |
|---------|--|--|--|-----|--|--|---------|------------|
| 3 23,71 | Marítimo   |  |  | s23 |  |  | Espinho | 11-02-2001 |
|         | Hermano Gouveia 81 + Alberto Fraga 80 + Bruno Aguiar 81 + Nuno Mendes 81       |  |  |     |  |  |         |            |
| 3 25,96 | Marítimo   |  |  | s23 |  |  | Espinho | 06-03-2005 |
|         | Bruno Santos 85 + Filipe Santos 84 + Ruben Alves 83 + Rui Paulo Silva 84       |  |  |     |  |  |         |            |
| 3 26,20 | Estreito   |  |  | s23 |  |  | Braga   | 16-01-1999 |
|         | David Aveiro 79 + Eurico Teixeira 80 + Emiliano Ventura 79 + Wilson Ogbeide 77 |  |  |     |  |  |         |            |
| 3 28,21 | Estreito   |  |  | Jun |  |  | Espinho | 24-02-2002 |
|         | Filipe Santos 84 + Diogo Sousa 83 + João Santos 84 + Roberto Aguiar 84         |  |  |     |  |  |         |            |
| 3 30,84 | Marítimo   |  |  | Jun |  |  | Espinho | 16-02-2003 |
|         | Filipe Santos 84 + Ivo Graça 84 + Rui Paulo Silva 84 + Bruno Santos 85         |  |  |     |  |  |         |            |
| 3 33,58 | Marítimo   |  |  | s23 |  |  | Espinho | 04-02-2007 |
|         | Bruno Santos 85 + Dany Gonçalves 85 + Pedro Freitas 89 + Victor Rodrigues 88   |  |  |     |  |  |         |            |
| 3 34,27 | ADRAP  |  |  | s23 |  |  | Braga   | 29-01-2011 |
|         | Roberto Nóbrega 92 + Germano Oliveira 89 + Bruno Moniz 91 + Micael Franco 95   |  |  |     |  |  |         |            |
| 3 35,68 | Marítimo   |  |  | Jun |  |  | Espinho | 24-02-2002 |
|         | Filipe Mendonça 85 + Rúben Alves 83 + Bruno Santos 85 + Rui Paulo Silva 84     |  |  |     |  |  |         |            |